



**COWBOY YETI**



**TRAIL RUN IN BASTROP TX**

**PARTICIPANT GUIDE**  
**January 25, 2025**  
**Bastrop, TX**

**BROUGHT TO YOU BY**



**TEXAS**  
**OUTLAW**  
**RUNNING**



**COWBOY YETI**



**TRAIL RUN IN BASTROP TX**

# WELCOME

7K | 20K | 20K Ruck |  
40K | 60K | 100K

**Jan. 25, 2025**

**Bastrop State Park**

**100 Park Road 1A | Bastrop, TX 78602**

Welcome to the Cowboy Yeti. This is an original event crafted by Texas Outlaw Running Company. This race is held at the Bastrop State Park in the lush forest of Central Texas. Featuring a scenic dirt single-track course. The race follows a 20K of unique trails beginning and ending in Bastrop TX at the State Park Refinery. We are so excited for the amazing weekend on the beautiful rocky, dirt, and single track trails.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: [TexasOutlawRunning@gmail.com](mailto:TexasOutlawRunning@gmail.com)

## **Friday, January 24, 2025**

3:00 PM - 5:00 PM (Optional) - Packet Pickup +  
Texas Outlaw Pop Up Store

## **Saturday, January 25, 2025**

### **RACE DAY**

7:00 - 9:00 AM - Packet Pickup + Texas Outlaw Pop  
Up Store

7:00 AM - Shuttle opens

8:00 AM - 100K run starts

8:05 AM - 60K run starts

8:30 AM - 40k, 20k run, 20k ruck start

9:00 AM - 7K run starts

5:05 PM - Shuttle closes/60K cutoff (10 hours)

**We recommend you arrive 1 hour before your race starts to ensure that you make it to the start/finish line on time.**

## **Sunday, January 26, 2025**

4:00 AM - 100K cutoff (20 hours)





# GENERAL INFO

## DRIVING DIRECTIONS

The start and finish line will be located on the right of PR1A. (See course map below)

**We recommend you arrive 1 hour before your race starts to ensure that you make it to the start/finish line on time.**

## PARKING

7K, 20K, 40K & 60K will park at Mayfest Park across the street from Bastrop State Park and will be shuttled to the start line. 100K will park at the Refectory in Bastrop State Park. (100 Park Road 1A, Bastrop, TX 78602).

## RESTROOMS

Portable restrooms will be available outside the start/finish area.

## RACE TIMING

We will utilize the UltraSignup timing software (manual time.) We will time you using your bib number so please make sure your bib number is visible on the front of your body.

## MEDICAL

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.



## AID STATIONS

We will have two aid station. The main aid station will be available at the start/finish area. The Yukon aid station will be near CR 180.

### Main Aid Station

(Start/Finish Line) includes snack and warm foods, water, Gatorade, Hyperlyte, and pickle juice. We will have our first aid located at the main aid station.

### Yukon Aid Station

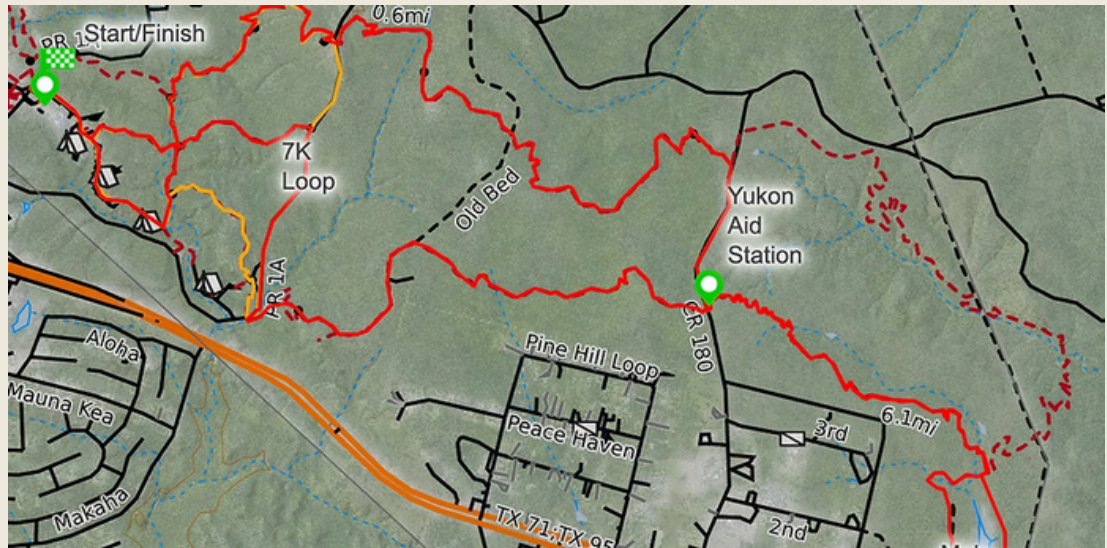
(4.25/8.37 mi) includes snack and warm foods, water, Gatorade, Hyperlyte, and pickle juice. NO PARKING AVAILABLE, NO DROP BAGS





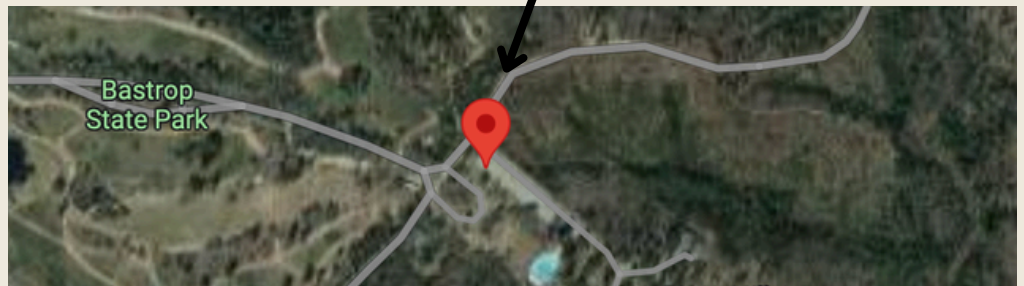
# LOCATING RACE/PARKING COURSE MAP

**RED = 20K Loop**  
**ORANGE = 7K Loop**



**7K, 20K, 40K, &  
60K will park at  
Mayfest Park and  
will be shuttled to  
the start line.**

**100K WILL PARK  
AT THE  
START/FINISH  
LINE INSIDE  
STATE PARK.**





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# COURSE DETAILS

## COURSE PROFILE

The Cowboy YETI is a 7K, 20K, 40K, 60K, and 100K trail run held at the Bastrop State Park in the lush forest of Central Texas. Featuring a scenic dirt single-track course. The race follows a 20K of unique trails beginning and ending in Bastrop TX at the State Park Refinery.





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# IMPORTANT

## CUPLESS RACE/CARRYING

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 16 oz.

## DAY PASS

Day passes must be purchased BEFOREHAND. You will be required to check in with your pass or receipt. Purchase yours [here](#).

## SHUTTLE

The shuttle is a 12-passenger van and will be running back and forth to transport runners. You may have to wait in line to get on the van. Because parking is about 1 mile from the start/finish line BE PREPARED to wait for the bus to return. If you do not finish the race before the shuttle closes we will have a volunteer or race staff drive you to your vehicle. **We HIGHLY RECOMMEND you get to the race 1 hour before your race starts!**

## PARKING

7K, 20K, 40K & 60K will park at Mayfest Park across the street from Bastrop State Park and will be shuttled to the start line. 100K will park at the Refectory in Bastrop State Park. (100 Park Road 1A, Bastrop, TX 78602).

## PACER

Pacers are allowed on the last 2 loops of the 100K, no more than 1 pacer per participant.





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# COURSE MARKINGS



The trails will consist of white and orange signage.





# RACE RULES

## TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course and no cutting the course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.

## WEATHER FORECAST as of 01/21/25 for Saturday 6AM - 12PM - 4PM

Temp Forecast: 33° - 54° - 58°

Feels Like: 32° - 50° - 54°

Rain: 0%

Wind: 11mph SE - 17mph SE - 5mph ESE





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# AWARDS

## DISTANCE FINISHER AWARDS

### GENERAL

COWBOY YETI FINISHER

MEDAL 40K, 20K, 7K

COWBOY YETI LONG-SLEEVE

1ST PLACE MALE & FEMALE

TROPHY FOR ALL DISTANCES

20k RUCK FINISHERS

+ cowboy yeti 20k patch

60K FINISHERS

+ COWBOY YETI 60K MINI

BUCKLE

100K FINISHERS

+ COWBOY YETI 100K

FINISHER BELT BUCKLE

+ YETI cooler FOR 1ST PLACE

MALE & FEMALE

+ DEAD LAST AWARD



FRONT

SPRAY DARK BLUE MEDAL  
(REFERENCE PMS 2217 C)



UV PRINTED

BACK



FRONT  
SEWN PATCH



FRONT



LEVEL 1 AT 8MM



TRAIL RUN IN BASTROP TX

1ST PLACE FEMALE 100K

10MM THICK BASE



TRAIL RUN



BASTROP TX





# SOCIAL MEDIA



## INSTAGRAM

@TexasOutlawRunning

## FACEBOOK

@TexasOutlawRunning

## TWITTER

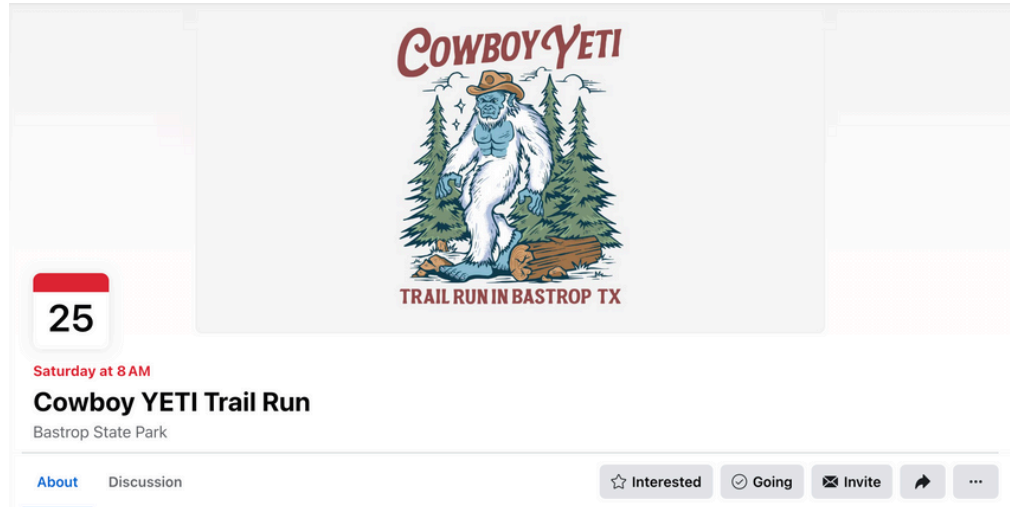
@RunningOutlaw

## YOUTUBE

Texas Outlaw Running Company

## PODCAST

Texas Outlaw Running Talk Show



[Click Here](#) to join the conversation in our Facebook Event.

