



WILD CAJUN TRAIL RUNS

PARTICIPANT GUIDE
November 8, 2025
Lake Charles, LA

BROUGHT TO YOU BY



TEXAS
OUTLAW
RUNNING



WELCOME

10K, 13M, 27M, 40M, 13M RUCK

Nov 8, 2025

SAM HOUSTON JONES STATE PARK
107 Sutherland Rd, Lake Charles, LA 70611

Welcome to the Wild Cajun Trail Run. This is an original event crafted by Texas Outlaw Running Company. This race follows a 13 mile course.

We are so excited for the amazing weekend on the beautiful rocky, dirt, and gravel trails.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: TexasOutlawRunning@gmail.com

SATURDAY

RACE BRIEFS 10 MIN. BEFORE EACH RACE.

Please arrive 30 min. before your start time

- 5-7AM - PACKET PICKUP
- 6AM - 40 Miler START
- 7:00AM - 27 & 13 miler START
- 7:05AM - 10k START
- 8:00pm - race cutoff (14 hours)

SUNDAY

- ALL DAY - TAKE DOWN/PICKUP COURSE MARKINGS [VOLUNTEER HERE](#)

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GENERAL INFO

DRIVING DIRECTIONS

The start and finish line will be located near the Calcasieu West Fork, right off the Sam Houston Jones State Park Rd.

[\(link here\)](#)

RESTROOMS

Portable restrooms will be available outside the start/finish area.

RACE TIMING

We will be using chip timing at the start/finish line. You must wear your bib to receive accurate timing. Make sure you wear your bib in the front.

MEDICAL

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.

AID STATIONS

We will have two aid stations and two water stations. The main aid station will be available at the start/finish area.

Main Aid Station

(Start/Finish Line) includes snack foods, water, Gatorade, and pickle juice. We will have our first aid located at the main aid station. Parking available. Drop bags available.

Stage Coach Aid Station

(7.5 Mile) includes snack foods, water, Gatorade, and pickle juice. We will have our first aid located at the main aid station. No parking or drop bags.

Longleaf Water Station

(3.5 Mile) includes water and ice. No parking or drop bags available.

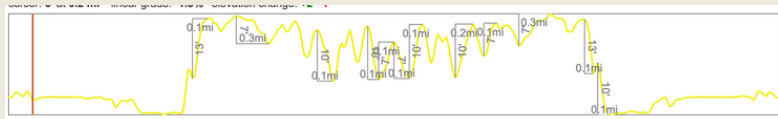
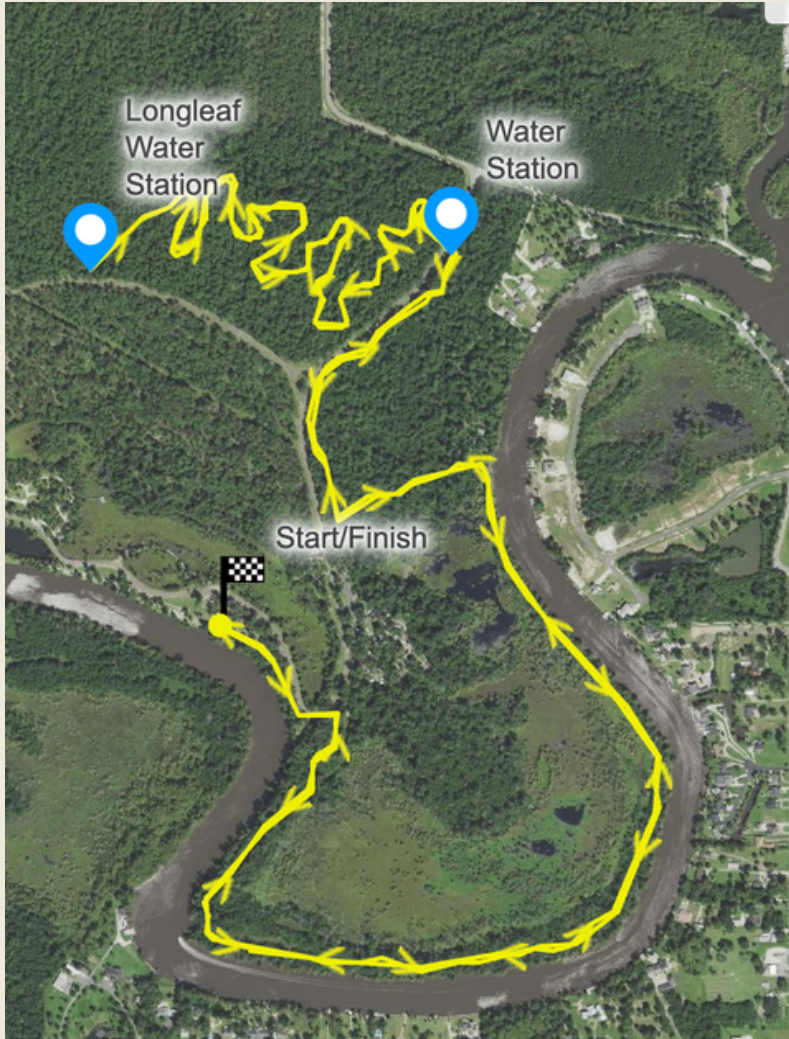
Water Station

(11.7 Mile) includes water and ice. No parking or drop bags.

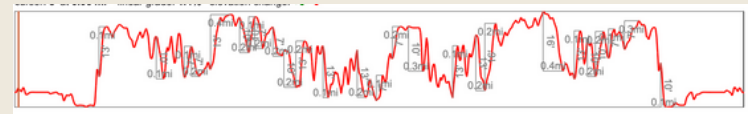
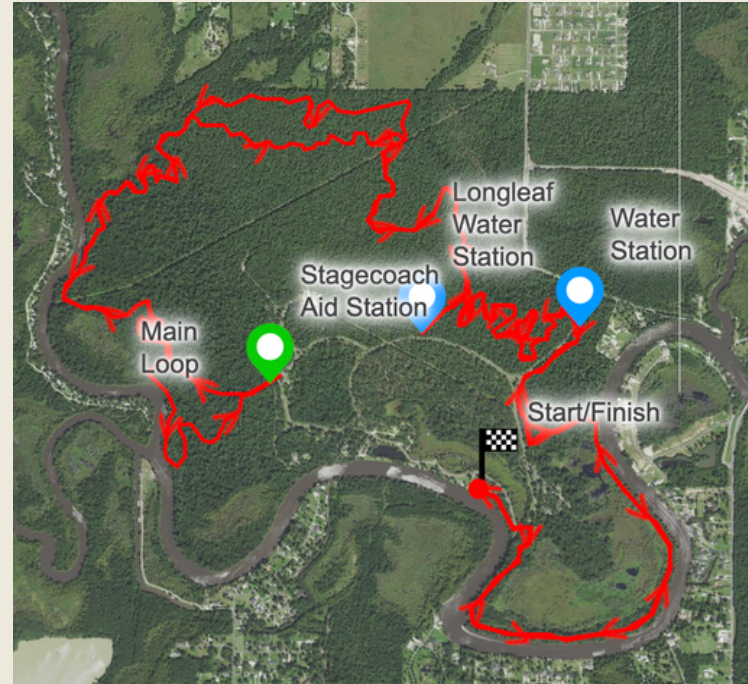


COURSE MAP

10K Loop



13M, 27M, 40M Loop





COURSE DETAILS

COURSE PROFILE

The Wild Cajun Trail Runs is an endurance event featuring a trail 10K, 13M, 27M & 40M in the Pine Forest, Winding Rivers, Cypress Swamps, and Moss-Draped Trees of Southwest Louisiana at Sam Houston Jones State Park. The event follows 13-mile loop beginning and ending in Sam Houston Jones State Park in Lake Charles Louisiana.

[Course Map Link](#)

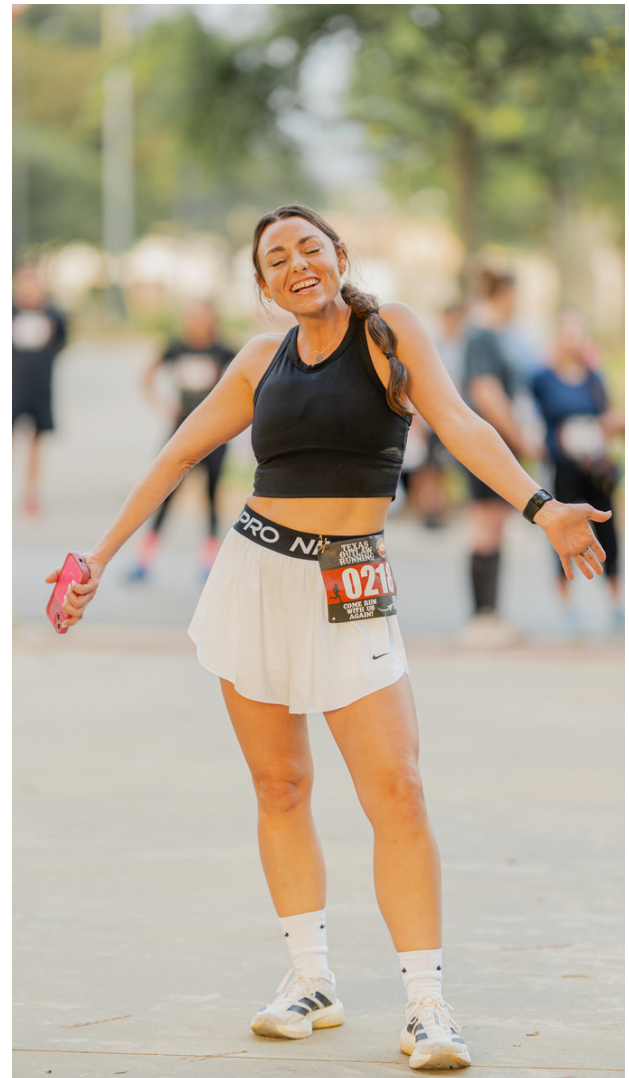




IMPORTANT

CUPLESS RACE/CARRYING

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 16 oz.





COURSE MARKINGS



The trails will consist of white and orange signage.



RACE RULES

TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course and no cutting the course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.

WEATHER FORECAST as of 11/04/25 for Saturday 6AM - 12PM - 3PM

Temp Forecast: 65° - 81° - 81°

Feels Like: 64° - 83° - 83°

Rain: 0%

Wind: 6mph WSW - 16mph SW - 15mph SW



SOCIAL MEDIA



INSTAGRAM

@TexasOutlawRunning

FACEBOOK

@TexasOutlawRunning

TWITTER

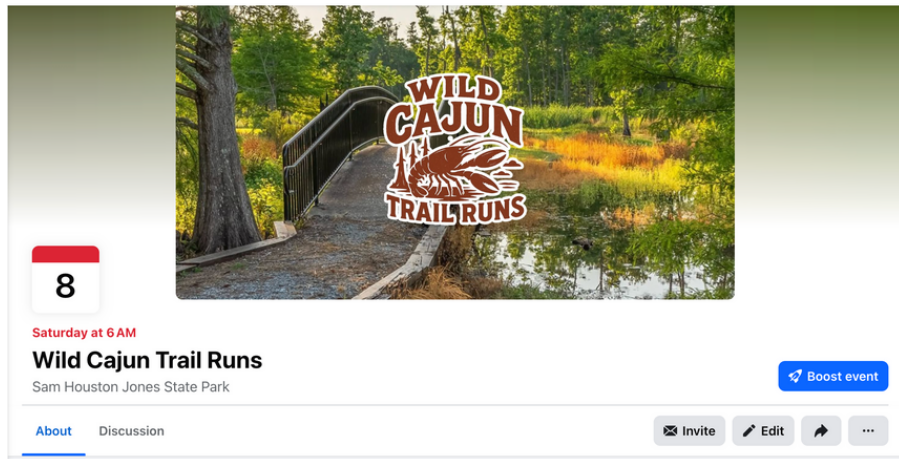
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Texas Outlaw Running Company

PODCAST

Texas Outlaw Running Talk Show



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