



# WELCOME

5K | 17K | 35K | 50K October 14, 2023

H.W. Lewis Ranch

NO PHYSICAL ADDRESS
Click HERE for exact location

Welcome to the inagural "South Texas Ultra". This is an original event crafted by Texas Outlaw Running Company. This race takes place at H.W. Lewis Ranch in the Texas Hill Country. the race follows a 10.3M looped course and a unique route for the 5K, beginning and ending at the H.W. Lewis Ranch. We are so excited for the amazing weekend with a memorable atmosphere, beautiful views, and fun on the trails.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: TexasOutlawRunning@gmail.com

Saturday, October 14, 2023 RACE DAY

Start/Finish Area

5:00AM - 7:15AM - Packet Pickup

6:00 AM - 50K \*bring headlamp\*

7:00 AM - 35K & 17K \*headlamp needed\*

7:30 AM - 5K Race Starts

7:40 AM - Sunrise

8:00 PM (14 Hours) - cut off





### **GENERAL INFO**

#### **DRIVING DIRECTIONS**

The start and finish line will be located on the west side of the ranch (link to start/finish line). When driving north on 336, it will be on your left. (Note: If you type in H.W. Lewis Ranch, the directions will NOT take you to the start/finish line. Please use the pin above for directions or see map below for more information).

#### **CAMPSITES**

Campsites will be near the start/finish line. Here is the link to reserve a site (\$20/night). NOTE: These campsites are bare minimum:

- Only access to portapotties
- NO ACCESS to running water or showers.

#### **PARKING PASS**

You will park near the start/finish line (see map below). Everyone must pay a \$10 parking pass PER PERSON. If you have not paid, please do so now (Parking Pass).

#### **RACE TIMING**

We will utilize the UltraSignup timing software (manual time.) We will time you using your bib number so please make sure your bib number is visible on the front of your body.

#### **MEDICAL**

We will be using nearby public medical personnel 911 in case of an emergency.

#### **AID STATIONS**

We will have two aid/water stations. The main aid station will be available at the start/finish.

Main Aid Station (Mile 0/10) includes water, Gatorade, Tailwind (naked flavor), pickle juice, bananas, oranges, PB&Js, and other various salty, sweet, and savory snacks. We will have our first aid located at the main aid station.

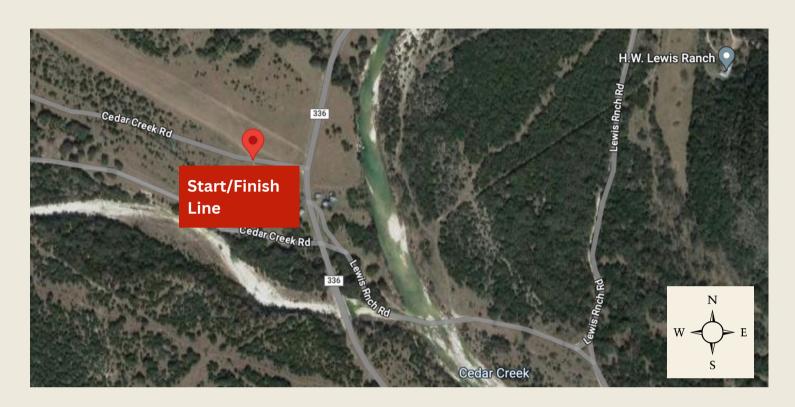
Lewis Hydration Station (Mile 5.25/8.41) will have water, Tailwind (naked flavor), Gatorade, and ice. This station may not be manned.

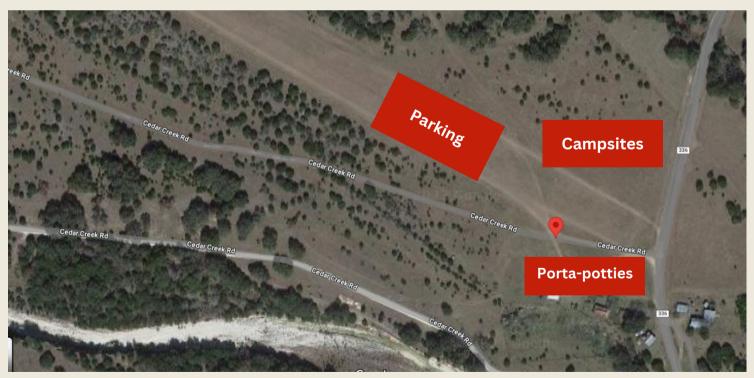
#### RESTROOMS

Portable restrooms will be available outside the start/finish area.



# LOCATING RACE







### **COURSE MAP**

**5K = 1 ORANGE LOOP | 17K = 1 RED LOOP | 35K = 2 RED LOOPS | 50K = 3 RED LOOPS** 

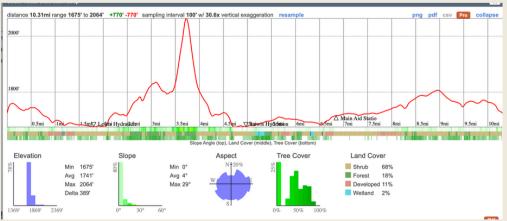


**Orange Route = 5K Loop** 

**Red Route = 17K, 35K, 50K Loop** 











#### **COURSE PROFILE**

The 5K race is a modified (yellow) loop, the 17K is a 1 full (red) loop race, the 35K is a 2 (red) loop race, the 50K is a 3 (red) loop race.

The H.W. Lewis Ranch features beautiful scenery and extremely rocky trails that are on horse and ATV trails with over 2300 feet of elevation gain for the 50K event. The race follows a 10.3M looped course and a unique route for the 5K, beginning and ending at the H.W. Lewis Ranch. The loops will be getting dark starting after 7:30 PM. If you're running after this time, **headlamps are required**. Water/Aid Station are spaced out, carry at least 32 oz of liquid capacity.

#### -> Click here to the course map link.







### **IMPORTANT**

#### **DROP BAGS**

Runners are responsible for their own drop bags. We will allow for them to be placed near the main aid station.

#### **BIBS**

Please make sure that the bib number is visual and on the front of your body. We will use your bib number to identify you and record your time.

#### **PACERS**

Pacers are allowed on the last loop of the 50K.

#### **DAY PASSES**

Make sure to pay the \$10 parking pass before you arrive.



#### **RUNNING IN THE DARK**

Headlamps are required at the start of the 6:00 AM (50K) and 7:00 AM (17K & 35K).

#### **CUPLESS RACE/CARRYING**

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 32 oz.





# COURSE MARKINGS



The trails will consist of orange signage, flagging (and yellow red reflective tape on the orange signs) as seen above. The orange signage and flags will also be seen throughout the course at intersections to show you where to go.

WHEN IN DOUBT REMEMBER "ORANGE"





# RACE RULES

#### TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.

### WEATHER FORECAST for Saturday 6AM - 12PM - 6PM

Temp Forecast: 50° - 66° - 67°

Feels Like: 49° - 64° - 66° Humidity: 69% - 46% - 40%

Wind: 15mph N - 18mph N - 10mph NNE











# **AWARDS**

#### **5 KILOMETER**

- 1st Place Male
- 1st Place Female
- Dead Freakin Last

#### 17 KILOMETER

- 1st Place Male
- 1st Place Female
- Dead Freakin Last

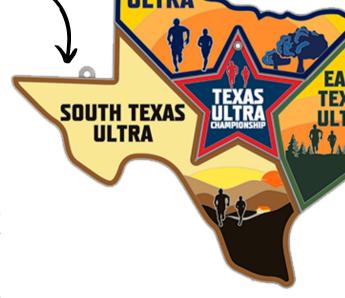
#### 35 KILOMETER

- 1st Place Male
- 1st Place Female
- Dead Freakin Last

#### **50 KILOMETER**

- 1st Place Male
- 1st Place Female
- Dead Freakin Last
- 50K Finisher Token
- Top 10 M/F Championship Ticket









# TEXAS ULTRA CHAMPIONSHIP



The Top 10 Males and Top 10 Females that run the 50K of this race will get their ticket to run the Texas Ultra Championship 100K for a chance to win thousands of dollars, prizes and the Texas Ultra Championship Title.



### SOCIAL MEDIA



#### **INSTAGRAM**

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#### **FACEBOOK**

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#### **TWITTER**

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#### **YOUTUBE**

Texas Outlaw Running Company

#### **PODCAST**

Texas Outlaw Running Talk Show



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