



OUTLAST

PARTICIPANT GUIDE
MAY 30, 2026 | DALLAS FORT-WORTH, TX

BROUGHT TO YOU BY



OUTLAW
— EVENT GROUP —

Lake Ray Roberts - Johnson Branch Unit

100 Pw 4153 Valley View, TX US 76272

Welcome to "Outlast Dallas Fort-Worth" and our 1st annual "Outlast Championship." This is an original event crafted by and part of Outlaw Event Group. This race takes place at Lake Ray Roberts State Park - Johnson Branch unit. The race follows a 5K loop. We are so excited for the amazing weekend on the rocky, dirt, and grass trails.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at:
Info@TexasOutlawRunning.com



FRIDAY 5/29

- 3:00 - 7:00PM - Early Packet Pickup (Located at Start/Finish - [PIN](#))
- 3:00 - 7:00PM - Personal Tent Set-Up (NOT allowed on Saturday)

Friday Packet Pickup enters you for a chance to win a free pair of running shoes (\$150 value) and a free Outlast Hat and Hoodie.

SATURDAY 5/30

- 5:00-6:00AM - Packet Pickup (*Friday packet pickup is highly recommended)
- 5:00-6:30AM - Shuttle To Start/Finish
- 7:00AM - Outlast Championship Heat Starts
- 7:05AM - Outlast General Wave 1 Starts
- 7:10AM - Outlast General Wave 2 Starts
- 1:00PM - Championship Heat Starts Ends/Awards
- 1:05PM - Outlast General Wave 1 Ends
- 1:10PM - Outlast General Wave 2 Ends/Awards

VIP Parking & Start/Finish Line Location - [PIN](#)

Regular Parking Location - [PIN](#) (you will be shuttled to the start line on race day)

DRIVING DIRECTIONS

The start and finish line will be located at the Lake Ray Roberts State Park - DORBA Johnson Branch Trailhead. Exit I35 onto E Lone Oak Rd. Continue for about 7 miles, then turn right into the State Park. Follow State Pk Rd 4153 to your designated parking location.

*parking details on page 6

RACE TIMING

We will utilize chip timing, which will be on your bib number so please make sure your bib number is visible on the front of your body.

MEDICAL

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.

DAY PASS

There is a \$7 per person day pass required for race day at Ray Roberts Lake State Park.

The easiest way to handle this is by purchasing your day pass in advance through the website. If you do not purchase ahead of time, you will need to pay for your day pass during packet pickup.

Day Pass instructions: [Click Here](#)

To reserve a Day Pass: [Click Here](#)

IMPORTANT:

There is NO parking fee on Friday, even if you are:

- Bringing your setup
- Picking up your packet
- Volunteering

The parking fee applies to race day ONLY.

AID STATIONS

We will have one aid station. The main aid station will be available at the start/finish area.

- includes hot/cold foods, water, Gatorade, and pickle juice.



OUTLAST

ONE 5K. EVERY HOUR. FOR 6 HOURS.

FRIDAY (3PM-7PM) PACKET PICKUP & TENT SETUP

FRIDAY PACKET PICKUP

It is highly recommended that you pickup your packet on Friday

You can also purchase your day pass for Saturday when you come for packet pickup on Friday, if you haven't already purchased online. Packet pickup will be located at the start/finish line area ([PIN](#))

Friday Packet Pickup enters you for a chance to win a FREE pair of running shoes (\$150 value) and a FREE Outlast Hat and Hoodie.

PERSONAL TENT & STATION SET UP

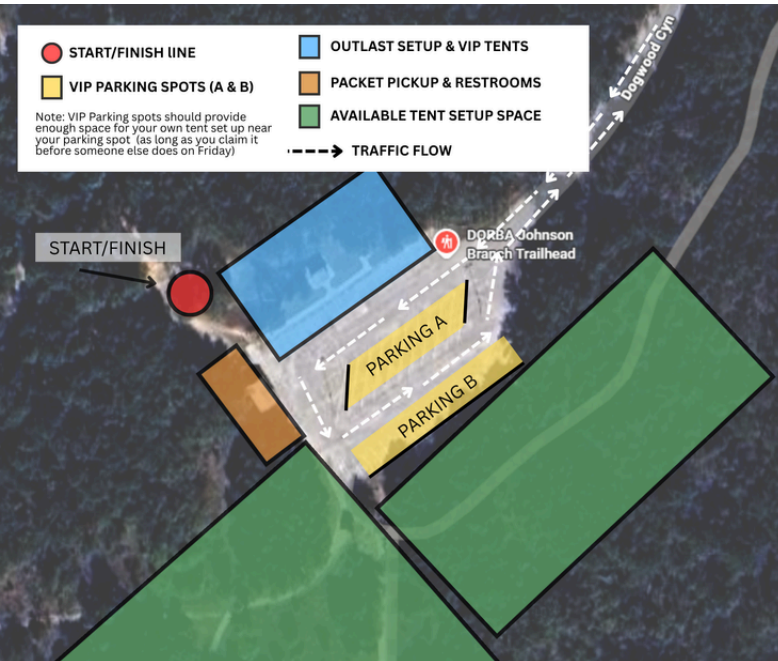
Anyone who wants to set up a tent or station of their own MUST set their stuff up on Friday. The space is available on a first come first serve basis.

*Tent set up is NOT allowed on Saturday
*Setups (like a lawn chair & smaller gear) that can be easily brought on the shuttle are allowed on Saturday.

If you haven't already, please fill out this form if you are bringing your own setup so we know how many to expect at Friday set up.

Friday Race Day Setup Form: [HERE](#)

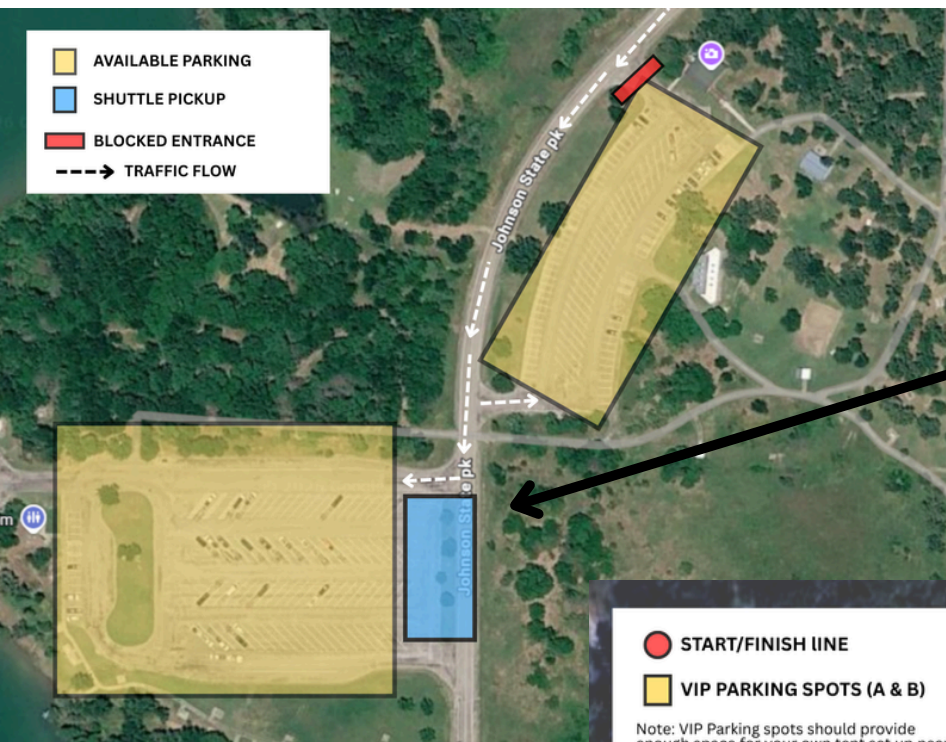
START/FINISH LINE AREA MAP



VIP TENTS

Outlast VIP tents that were purchase with registration will be set up for participants to bring their supplies and gear on Friday to their tent.

REGULAR PARKING MAP



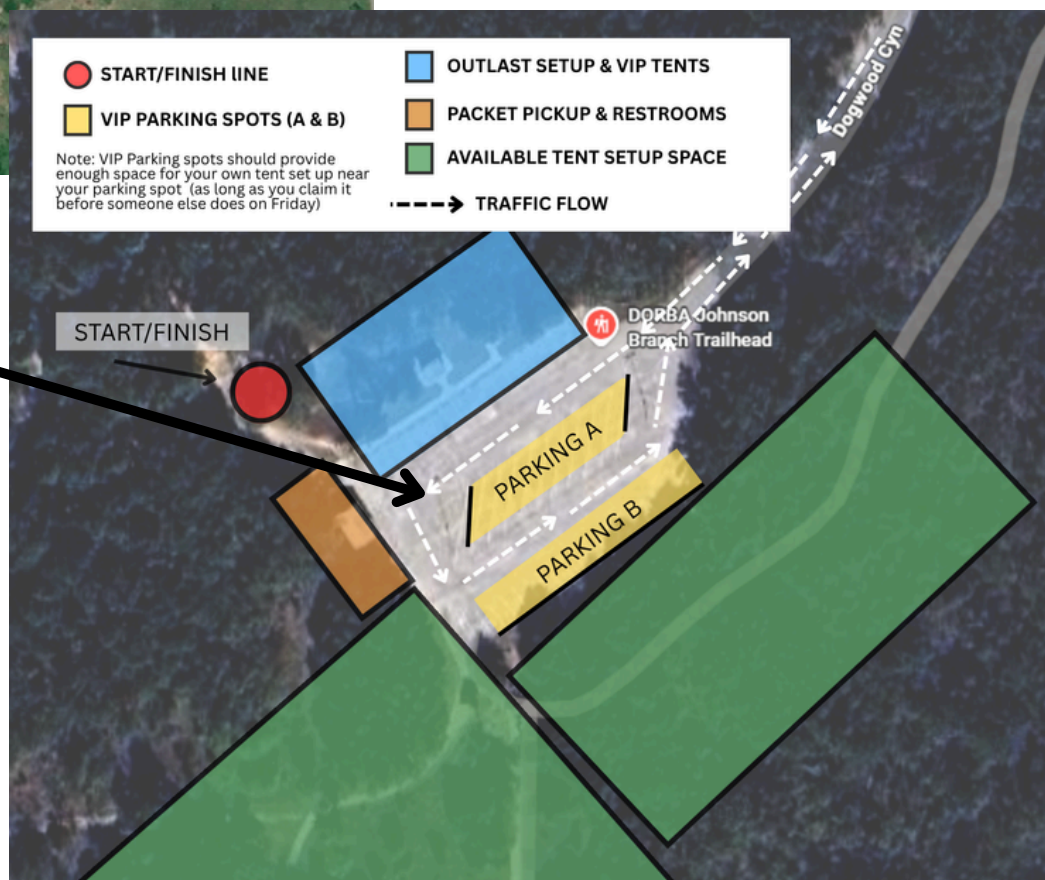
REGULAR PARKING

ALL participants who did not purchase VIP parking will park at the Lake Ray Roberts Johnson Branch Nature Center. ([PIN](#))

SHUTTLE

The shuttle will run from 5AM to 6:30AM. Shuttle pickup will be located in the designated blue area.

START/FINISH LINE AREA MAP



VIP PARKING

Those who purchased VIP Parking will park at the start/finish line area in the designated yellow spots highlighted in the map. ([PIN](#))

QUESTIONS?

If anyone has any questions look for yellow! Event staff will have yellow shirts on race day helping with traffic flow and answering questions.

DROPPING OUT OF THE RACE

You must notify the race director at the start/finish line BEFORE leaving the race site if you decide to quit or drop out of the race.

BIBS

Please make sure that the bib number is visual and on the front of your body. We will use your bib number to identify you and record your time.

CUPLESS RACE/CARRYING

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system.

EVENT STAFF

Event staff will have yellow shirts on race day helping with traffic flow and answering questions.

SECURITY

The park gates will be closed overnight, and security will be monitoring the park grounds.

CAMPSITES

Our team has reserved all of the Dogwood campsites in the area. If not used on race day, they will be available to take for additional tent setup.

See the State Park website to book a campsite- [Click Here](#)



OUTLAST Championship DFW

Running Route

☆ Save

Duplicate



Easy

📍 3.12 mi

📏 150 ft

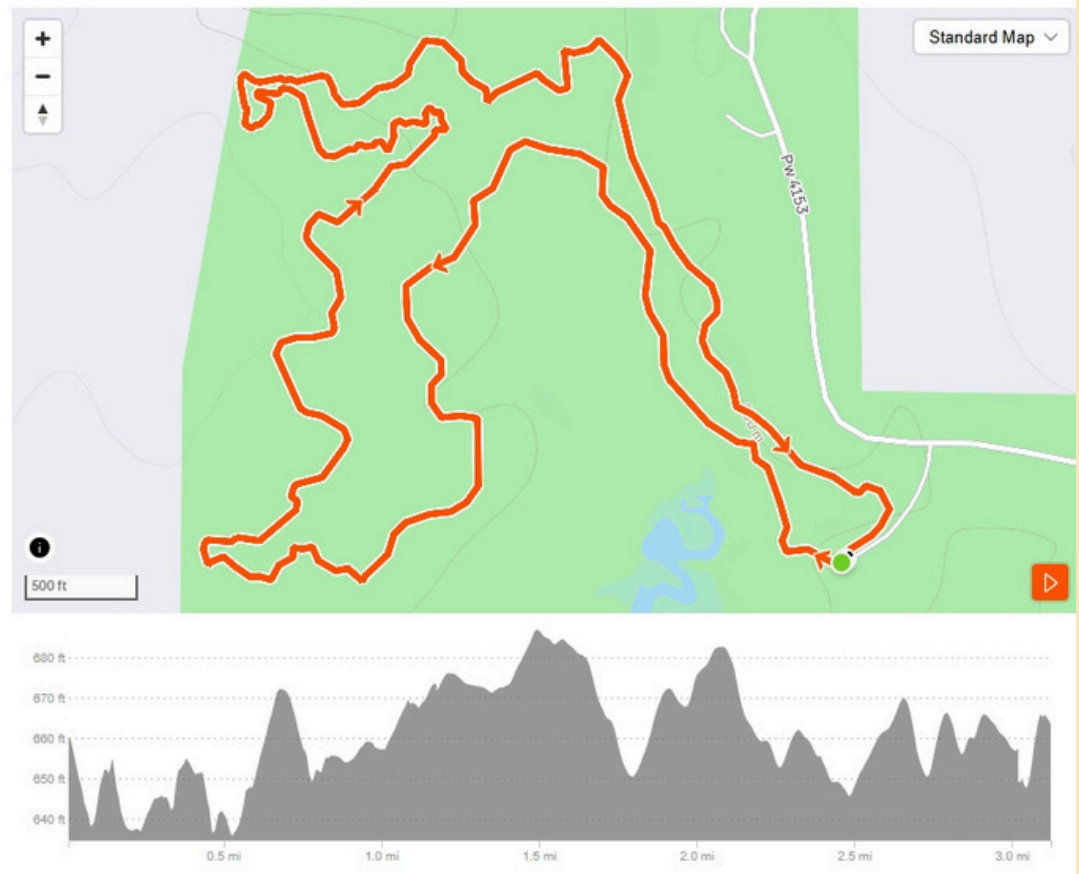
🕒 32:08

CREATED BY

Texas Outlaw Running
February 13, 2026 · Public



Route and Elevation



*Click the map to view on Strava

OUTLAST

ONE 5K. EVERY HOUR. FOR 6 HOURS.

COURSE DETAILS

COURSE PROFILE

OUTLAST is a 6-hour trail endurance challenge where runners complete a 5K every hour, on the hour. Each lap must be finished within the hour to stay in the event. If you finish early, you rest until the next round. Miss a lap, and you're out. Complete all six rounds, and you OUTLAST.

4 laps = Bronze "Grit Earned" leather patch

5 laps = Silver "Survivor" leather patch

6 laps = Premium "OUTLAST" wooden medal

All participants receive an OUTLAST Tee & Sticker.
Top male and female with the fastest combined 5K times at each event win the 1st Place OUTLAST award.



COURSE MARKINGS



The trails will consist of white and orange signage with reflective tape.

TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course and no cutting the course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.

WEATHER FORECAST as of 05/22/26 for Saturday 6AM - 9 AM - 12PM

Temp Forecast: 65° - 68° - 72°

Feels Like: 62° - 63° - 68°

Rain: 0%

Wind: 10mph NE - 11mph NE - 11mph NNE



THE **TOP 100 BEST** TIMES NATIONALLY WERE INVITED.

BUT THERE CAN ONLY BE **1 WINNER.**

2025-2026 OUTLAST CIRCUIT NATIONAL LEADERBOARD

Male:

1. Samuel Urbon 1:44:13 | Chicago IL
2. Samuel Dean 1:44:50 | Chicago IL
3. Kingston Wilson 1:46:35 | Austin *night* TX
4. Hayden Voss 1:47:18 | Chicago IL
5. Alex Hollingsworth 1:51:50 | Memphis TN

Female:

1. Janette Cuevas 2:06:33 | Fort Worth TX
2. Rachel Pache 2:07:12 | Fort Worth TX
3. Libby Rowland 2:10:09 | Houston TX
4. Emma Somers 2:18:14 | Corpus Christi TX
5. Beatriz Castillo 2:18:21 | Chicago IL

OUTLAST CHAMPION
1ST PLACE MALE

\$1,000

OUTLAST CHAMPION
1ST PLACE FEMALE

\$1,000

[NATIONAL LEADERBOARD >](#)

If you are entered into the Outlast Championship,
please fill out this form if you haven't already

[FORM](#)

OUTLAST MEDIA / LIVE STREAM

ONE 5K. EVERY HOUR. FOR 6 HOURS.

OUTLAST



TEXAS
OUTLAW
RUNNING

INSTAGRAM

@RunOutlast

@TexasOutlawRunning

FACEBOOK

@TexasOutlawRunning

TWITTER

@RunningOutlaw

YOUTUBE

Texas Outlaw Running Company

PODCAST

Texas Outlaw Running Talk Show

A Facebook event preview for "Outlast Dallas Fort Worth". The event is scheduled for Saturday, May 30, 2026 at 7 AM. The location is Ray Roberts Lake State Park Johnson Branch - Texas Parks and Wildlife. The preview image shows a group of runners at a finish line with a banner that says "OUTLAST ONE 5K. EVERY HOUR. FOR 6 HOURS." and "FINISH".

[Click Here](#) to join the conversation in our Facebook Event.

[CLICK HERE TO WATCH THE LIVE STREAM](#)



OUTLAST

ONE 5K. EVERY HOUR. FOR 6 HOURS.

2026-2027 TOUR

FIND YOUR NEXT RACE!

07/04 OUTLAST - Eugene, OR

07/11 OUTLAST - Spokane, WA

07/18 OUTLAST - Seattle, WA

07/25 OUTLAST - Portland, OR

08/15 OUTLAST *Night OUT Edition* - Austin, TX

08/22 OUTLAST *Night OUT Edition* - Oklahoma City, OK

09/26 OUTLAST - Colorado Springs, CO

10/03 OUTLAST - Denver, CO

10/17 OUTLAST - Indianapolis, IN

11/14 OUTLAST - Nashville, TN

12/12 OUTLAST - San Antonio, TX

12/19 OUTLAST - Austin, TX

02/13/2027 OUTLAST - New Orleans, LA

02/27/2027 OUTLAST - Padre Island, TX

SIGN UP NOW! →