

PARTICIPANT GUIDE
January 17-18, 2024
Jacksboro, TX
BROUGHT TO YOU BY


# 0 NORTHTEXAS ULTRA 

 <br> \section*{\title{10K | 25 K | 50 K | 52M | 100K <br> \section*{\title{
10K | 25 K | 50 K | 52M | 100K Feb 17-18, 2024
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Welcome to the 2nd "North Texas Ultra". This is an original event crafted by Texas Outlaw Running Company. This race takes place at Fort Richardson State Park-North Unit. The race follows a 15.5 -mile out \& back course beginning and ending at the North Park Unit. We are so excited for the amazing weekend at Fort Richardson on the open, scenic, and historical trails.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: TexasOutlawRunning@gmail.com

Fort Richardson State Park

134 trailway drive | Jacksboro, TX 76458

Friday, Feb 16, 2024
4:00-6:00 PM - Packet Pickup

Saturday, Feb 17, 2024
RACE DAY
North Park Unit
5:00-7:30 AM - Packet Pickup
6:00 AM - 100K Race Starts *headlamp needed*
7:00 AM - 50K \& 52M Race Starts *headlamp needed*
7:15 AM - Sunrise
7:30 AM - 10K \& 25K Race Starts

Sunday, Feb 18, 2024
2:00 AM - Race Cutoff (20 hours)

## PARKING/ SHUTHLE

## 52M \& 100K PARKING

Participants running the 52M and 100 K can park at the North Park unit (see below).

## 50K, 25K, 10K PARKING

 All other participants, spectators, etc must park at the "Twin Lakes Community Activity Center" (see below).
## SHUTTLE BUS

The shuttle will run from 6AM-7:30AM back and forth from the Twin Lakes Community Activity Center to the start/finish line (North Park Unit). The walk from the Twin Lakes parking to the North Park Unit is 0.8 miles, so be sure to be at Twin Lakes Community no later than 7:15 AM.

After all races start and people finish, the shuttle will run every 30 minutes starting at 8:30AM and ending at 4PM.

PARKING PLACES:


SHUTTLE ROUTE:


## DRIVING DIRECTIONS

The start and finish line will be located at the North Park Unit (link to location). When driving north on 59, you will pass Jacksboro Lake Park, Sports Complex, Twin Lakes Community Activity Center, and the lake on your right. North Park Unit will be on your right directly after the lake.


## DAY PASS FEE

Day pass fees are to be paid to Fort Richardson State Park.
You can pay \$4 online
beforehand or pay cash on the day of the event at the drop box. Click here to pay online

## RACE TIMING

We will utilize the UltraSignup timing software (manual time.)
We will time you using your bib number so please make sure your bib number is visible on the front of your body.

## MEDICAL

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.

## AID STATIONS

We will have three aid/water stations. The main aid station will be available at the
start/finish area near the North Park Unit.

## Main Aid Station

(Mile 0/15) includes hot/cold foods, water, Gatorade, Tailwind, and pickle juice. We will have our first aid located at the main aid station.

Twin Lakes Hydration Station
(Mile 4.4/11.1) will have hot/cold foods, water,
Tailwind, Gatorade, and pickle juice.

## Quarry Water Station

(Mile 7.8) will have water only.

## RESTROOMS

Portable restrooms will be available outside the start/finish area and twin lakes hydration station.

## LOCATING RACE



## COURSE MAP

## 10K = 1 MODIFIED LOOP | 25K = 1 L00P | 50K = 2 L00PS | 52M = 3 LOOPS + 1 MODIFIED LOOP | 100K = 4 L00PS



700ft $\rightsquigarrow 700 \mathrm{ft} 0 \%$ grade
(1040)

## COURSE PROFILE

The 10 K race is a modified loop, the 25 K is a 1 loop race, the 50 K is a 2 loop race, the 52 M is a 3 loop race and 1 modified loop, and the 100 K is a 4 loop race.

The Lost Creek Reservoir State Trailway is a historic, soft fine gravel, open trail. Elevation is relatively flat with gains and loss of 690ft every 15.5M loop. The loops will be getting dark starting after 7:45 PM. If you're running after this time, headlamps are required. Water/Aid Station are spaced out, carry at least 32 oz of liquid capacity. -> Click here to the course map link.
$\rightarrow$ Click here for the 10K course map


## DROP BAGS

Runners are responsible for their own drop bags. We will allow for them to be placed near the main aid station.

## BIBS

Please make sure that the bib number is visual and on the front of your body. We will use your bib number to identify you and record your time.

## PACERS

Pacers are allowed on the last 2 loops of the 100K, last 2 loops of the 52M, and last loop of the 50K.

## DAY PASSES

Make sure to pay the $\$ 4$ day pass to Fort Richardson SP before you arrive online.


## SHUTTLE

Make sure to park in the correct area and make it in time for the shuttle!

## RUNNING IN THE DARK

Headlamps are required after the $7: 45$ PM sunset.

CUPLESS RACE/CARRYING
To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 32 oz.

COURSE MARKINGS


The trail will navigate you on where to go. It's only one trail. At road intersections, we will have the white signs as seen above with reflective tape.


## RACE RULES

## TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.

WEATHER FORECAST as of 02/12/24 for Saturday 6AM-4PM - 12AM

Temp Forecast: $34^{\circ}-47^{\circ}-34^{\circ}$
Feels Like: $25^{\circ}-42^{\circ}-29^{\circ}$
Rain: 0\%
Wind: 15mph NNE - $13 \mathrm{mph} \mathrm{N}-4 \mathrm{mph} \mathrm{N}$


52 MILER

- 1st Place Male
- 1st Place Female - 52M Inscription on Back of Finsher Medal

50 KILOMETER

- 1st Place Male
- 1st Place Female
- 50K Inscription on Back of Finsher Medal

25 KILOMETER

- 1st Place Male
- 1st Place Female - 1st Place Female
- Dead Freakin Last - Dead Freakin Last

10 KILOMETER

- 1st Place Male
- Dead Freakin Last - Dead Freakin Last


## 100 KILOMETER

- 1st Place Male
- 1st Place Female
- Top 10 Championship Ticket
- 100K Finisher Belt Buckle
- Dead Freakin Last
- Finisher Award



The Top 7 Males and Top 7 Females that run the 100K of this race will get their ticket to run the Texas Ultra Championship 100K for a chance to win thousands of dollars, prizes and the Texas Ultra Championship Title.

## SOCIAL MEDIA



## INSTAGRAM

@TexasOutlawRunning

## FACEBOOK

@TexasOutlawRunning

## TWITTER

@RunningOutlaw

## YOUTUBE

Texas Outlaw Running Company

## PODCAST

Texas Outlaw Running Talk Show


- Event by Texas Outlaw Running
- Fort Richardson State Park - North Park Unit
v 28 going $\cdot 69$ interested
人 Tickets
ultrasignup.com

Click Here to join the conversation in our Facebook Event.

