



PARTICIPANT GUIDE  
April 26, 2025  
Gilmer, TX

BROUGHT TO YOU BY



TEXAS  
OUTLAW  
RUNNING





# WELCOME

1 HR | 6 HR | 12 HR | 24 HR

**April 26, 2025**

**Pineywoods Valley**

**5293 State Hwy 300 | Gilmer, TX**

Welcome to the Big Bad Ruck. This is an original event crafted by Texas Outlaw Running Company. This race follows a 1.5 mile loop through the beautiful pine trees. We are so excited for the amazing weekend on the beautiful single track, dirt trails.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: [TexasOutlawRunning@gmail.com](mailto:TexasOutlawRunning@gmail.com)

**Saturday, Apr 26, 2025**

## **RACE DAY**

Saturday

5 to 6AM - Bib Pickup

6AM - RUCKS Start

7AM - 1 HR RUCK ENDS

12PM - 6 HR RUCK ENDS

6PM - 12 HR RUCK ENDS

8PM - SUNSET

**Sunday, Apr 27, 2025**

6:00AM - 24 HR RUCKS Ends





# GENERAL INFO

## DRIVING DIRECTIONS

The start and finish line will be located on the left side of the property. The ranch is located on the right side of the road when traveling from Longview to Gilmer on Hwy 300. It is a very steep driveway.

## RESTROOMS

Portable restrooms will be available outside the start/finish area.

## RACE TIMING

We will utilize the UltraSignup timing software (manual time.) We will time you using your bib number so please make sure your bib number is visible on the front of your body.

## MEDICAL

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.

## AID STATIONS

We will have one aid station. The main aid station will be available at the start/finish area.

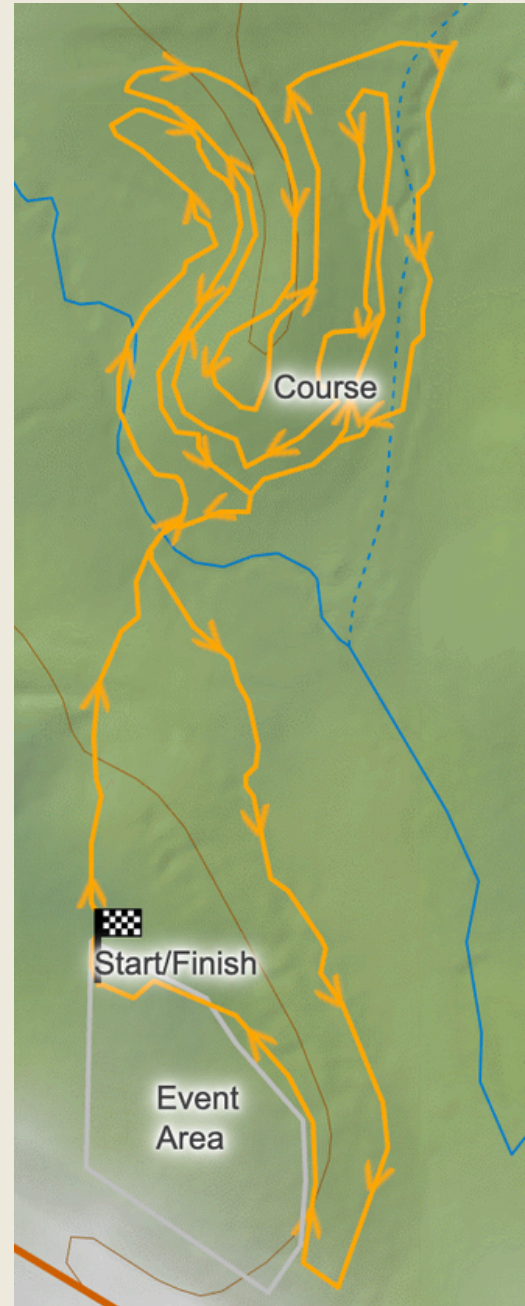
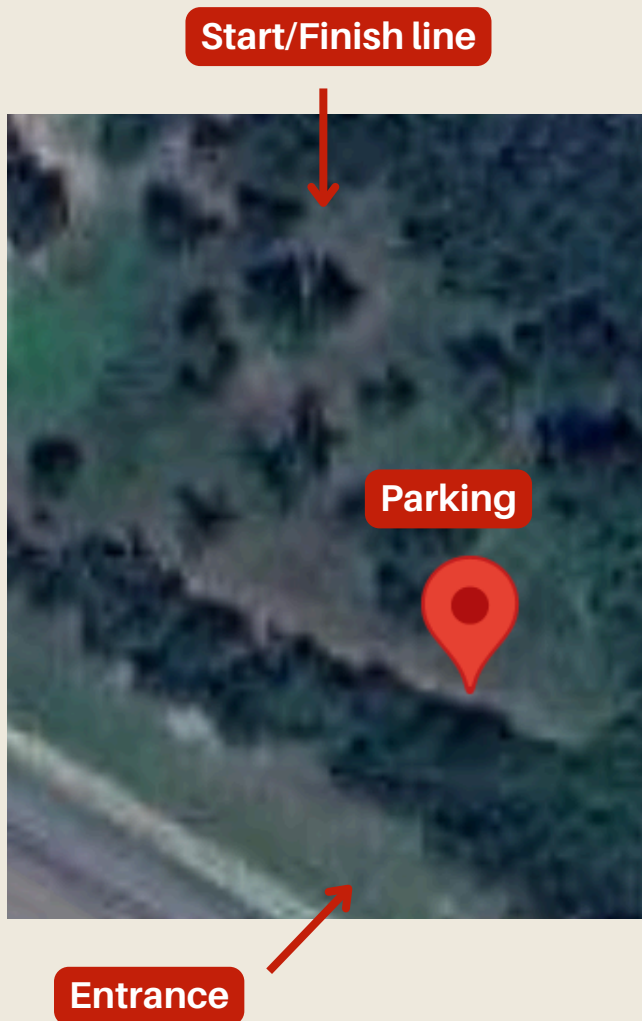
### Main Aid Station

(Start/Finish Line) includes snack foods, water, Gatorade, Hyperlyte, and pickle juice. We will have our first aid located at the main aid station.





# LOCATING RACE/PARKING COURSE MAP







# COURSE DETAILS

## COURSE PROFILE

The 1.5 mile course will start heading into the pineywoods. You will climb two small hills and walk over two creeks. The course will end journeying through planted pine trees and loop around the parking lot to return to the start/finish line. Most of the course is single track dirt trails.







# IMPORTANT

## CUPLESS RACE/CARRYING

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 16 oz.







# COURSE MARKINGS



The trails will consist of white and orange signage.





# RACE RULES

## TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course and no cutting the course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.

## WEATHER FORECAST as of 04/21/25 for Saturday 6AM - 9AM - 12PM

Temp Forecast: 66° - 77° - 83°

Feels Like: 68° - 75° - 84°

Rain: 10%

Wind: 6mph SSE - 14mph SES - 17mph SSE







# AWARDS

FRONT

3D UV PRINTED

BACK



1 HOUR RUCK  
FIRST PLACE FEMALE

Brass

Metal

## DISTANCE FINISHER AWARDS:

- 1 Hour RUCK patch light blue circle shape patch
- 6 Hour RUCK patch green triangle shape patch
- 12 Hour RUCK patch orange square shape patch
- 24 Hour RUCK patch black shield shape patch +  
24 Hour Soft Shell Jacket
- 24 Hour DFL "Dead Freakin' Last" award
- 1st Place awards M & F for all challenges

FRONT

SEWN PATCH

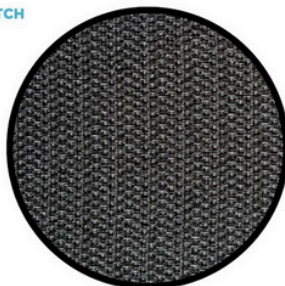
BACK  
VELCRO



FRONT

SEWN PATCH

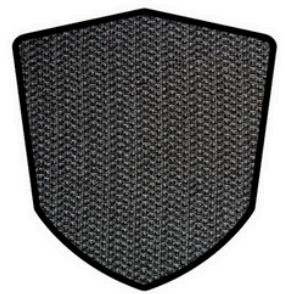
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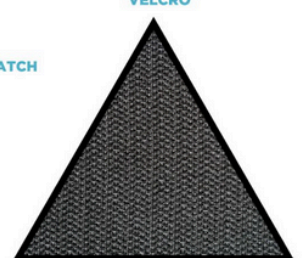
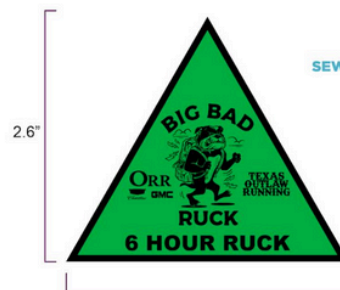
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FRONT

SEWN PATCH

BACK  
VELCRO





# SOCIAL MEDIA



## INSTAGRAM

@TexasOutlawRunning

## FACEBOOK

@TexasOutlawRunning

## TWITTER

@RunningOutlaw

## YOUTUBE

Texas Outlaw Running Company

## PODCAST

Texas Outlaw Running Talk Show



[Click Here](#) to join the conversation in our Facebook Event.