

BIG BAD RUCK

PARTICIPANT GUIDE
April 26, 2025
Gilmer, TX

BROUGHT TO YOU BY



**TEXAS
OUTLAW
RUNNING**



WELCOME

1 HR | 6 HR | 12 HR | 24 HR

April 26, 2025

Pineywoods Valley

5293 State Hwy 300 | Gilmer, TX

Welcome to the Big Bad Ruck. This is an original event crafted by Texas Outlaw Running Company. This race follows a 1.5 mile loop through the beautiful pine trees. We are so excited for the amazing weekend on the beautiful single track, dirt trails.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: TexasOutlawRunning@gmail.com

Saturday, Apr 26, 2025

RACE DAY

Saturday

5 to 6AM - Bib Pickup

6AM - RUCKS Start

7AM - 1 HR RUCK ENDS

12PM - 6 HR RUCK ENDS

6PM - 12 HR RUCK ENDS

8PM - SUNSET

Sunday, Apr 27, 2025

6:00AM - 24 HR RUCKS Ends





GENERAL INFO

DRIVING DIRECTIONS

The start and finish line will be located on the left side of the property. The ranch is located on the right side of the road when traveling from Longview to Gilmer on Hwy 300. It is a very steep driveway.

RESTROOMS

Portable restrooms will be available outside the start/finish area.

RACE TIMING

We will utilize the UltraSignup timing software (manual time.) We will time you using your bib number so please make sure your bib number is visible on the front of your body.

MEDICAL

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.

AID STATIONS

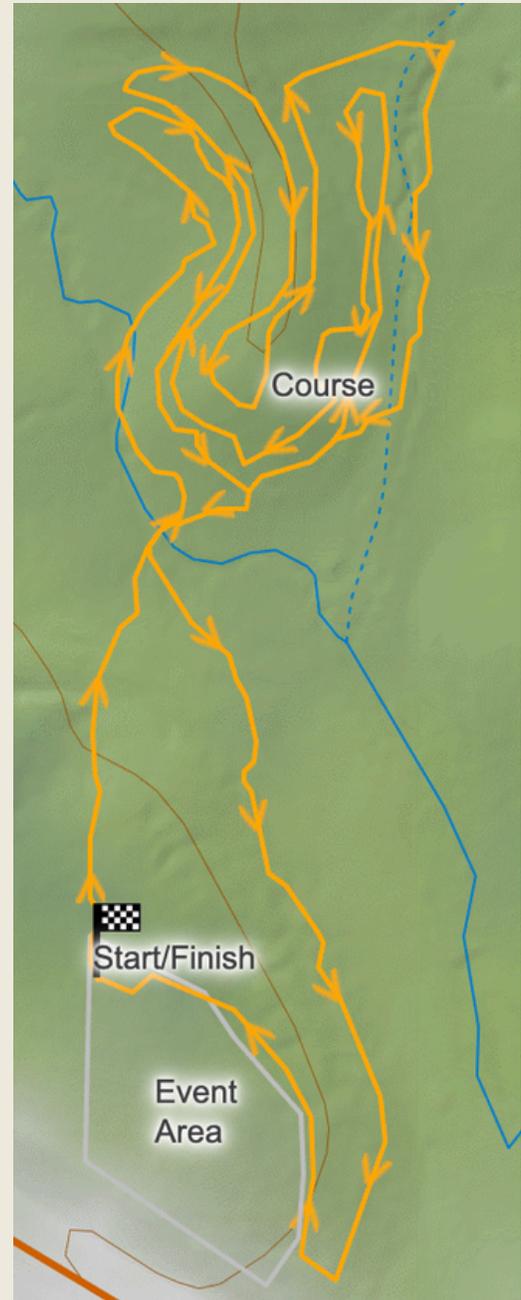
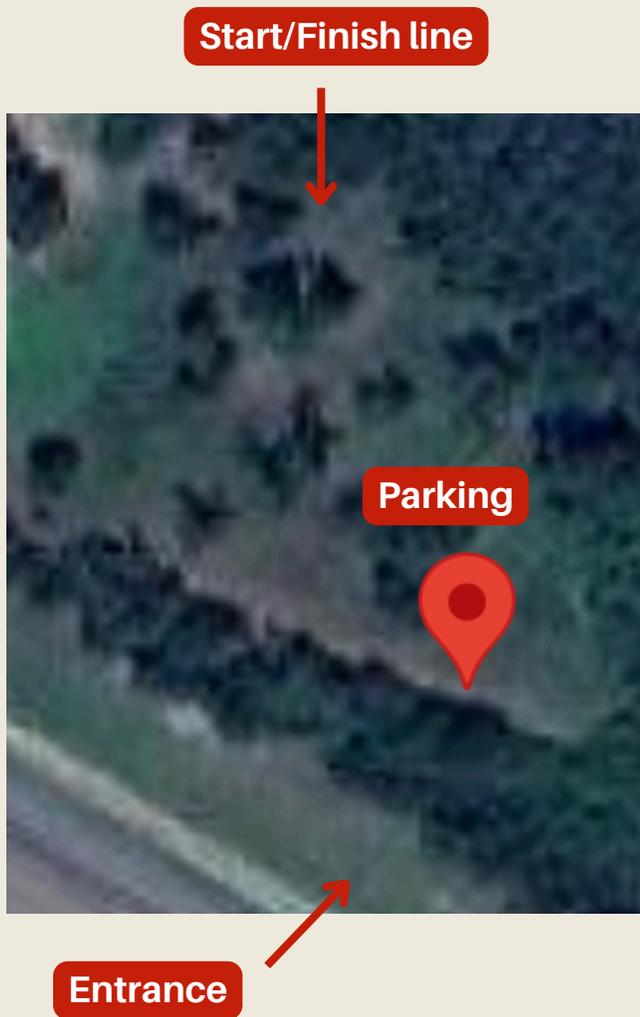
We will have one aid station. The main aid station will be available at the start/finish area.

Main Aid Station

(Start/Finish Line) includes snack foods, water, Gatorade, Hyperlyte, and pickle juice. We will have our first aid located at the main aid station.



LOCATING RACE/PARKING COURSE MAP

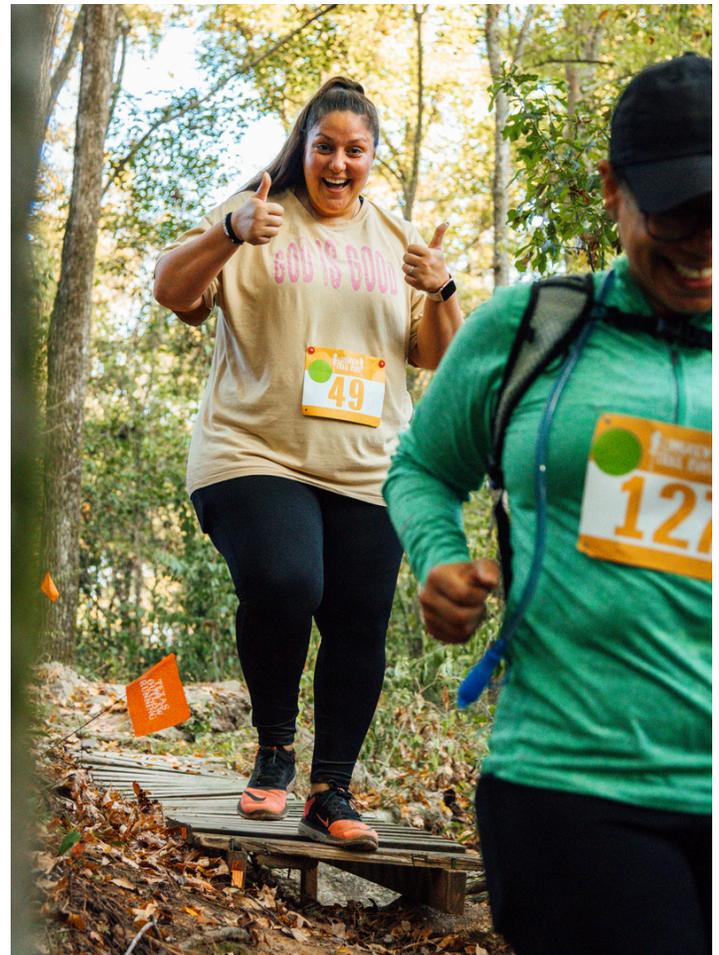




COURSE DETAILS

COURSE PROFILE

The 1.5 mile course will start heading into the pineywoods. You will climb two small hills and walk over two creeks. The course will end journeying through planted pine trees and loop around the parking lot to return to the start/finish line. Most of the course is single track dirt trails.





IMPORTANT

CUPLESS RACE/CARRYING

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system with at least 16 oz.





COURSE MARKINGS



The trails will consist of white and orange signage.



RACE RULES

TRAIL RUNNING RULES

- No Littering (If caught disqualification will occur.)
- Runners must follow the marked course and no cutting the course.
- Race cutoff will be enforced.
- Be aware of your surroundings. You're partially in the wilderness, there can be wild animals/snakes.
- Please be respectful to all volunteers, race staff, and other race personnel.

WEATHER FORECAST as of 04/21/25 for Saturday 6AM - 9AM - 12PM

Temp Forecast: 66° - 77° - 83°

Feels Like: 68° - 75° - 84°

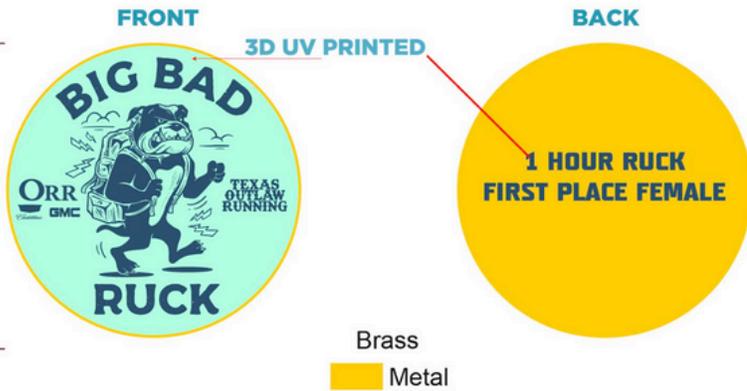
Rain: 10%

Wind: 6mph SSE - 14mph SES - 17mph SSE





AWARDS



DISTANCE FINISHER AWARDS:

- 1 Hour RUCK patch light blue circle shape patch
- 6 Hour RUCK patch green triangle shape patch
- 12 Hour RUCK patch orange square shape patch
- 24 Hour RUCK patch black shield shape patch +
24 Hour Soft Shell Jacket
- 24 Hour DFL "Dead Freakin' Last" award
- 1st Place awards M & F for all challenges



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Texas Outlaw Running Company

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