



PARTICIPANT GUIDE  
February 28, 2026  
Longview, TX

BROUGHT TO YOU BY



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RUNNING



# WELCOME

## 5K & 5K Ruck Feb 28, 2026

Welcome to the Longview 5k. This event is part of the City of Longview's Healthy Initiative and is organized by Texas Outlaw Running Company. This race is a point-to-point paved 5K course featuring local neighborhood roads and the city's Boorman Trail. We are so excited for the amazing weekend.

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: [Info@TexasOutlawRunning.com](mailto:Info@TexasOutlawRunning.com)

**1016 McCann Rd | Longview, TX US 75601**

### **Saturday, Feb. 28th**

- \*No race day registration\*
- \*Please arrive 45-60 minutes early to get shuttled to the start line before the race starts\*
- 7AM - Shuttle Starts
- 7AM-7:45AM - Packet Pickup
- 7:45AM - Race Brief
- 8AM - 5K Starts
- 8:30-8:45AM - Awards Ceremony

### **Ruck**

- 20 lb ruck weight for those under 150 lbs
- 30 lb ruck weight for those over 150 lbs
- \*Vest or backpacks are allowed



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# GENERAL INFO

## DRIVING DIRECTIONS

Runners park at the finish line, where you will be shuttled via Longview ISD buses to the start line. From there, you'll run the full, exact 5K course back to the finish line where you parked.

## PARKING

All Participants will park at the finish line and take a shuttle to the start line

[\(PIN to Parking/Finish line\)](#)

## RESTROOMS

Restrooms will be available near the Finish Line area.

## AID STATION

There will be a water station available along the 5k course.

## MEDICAL

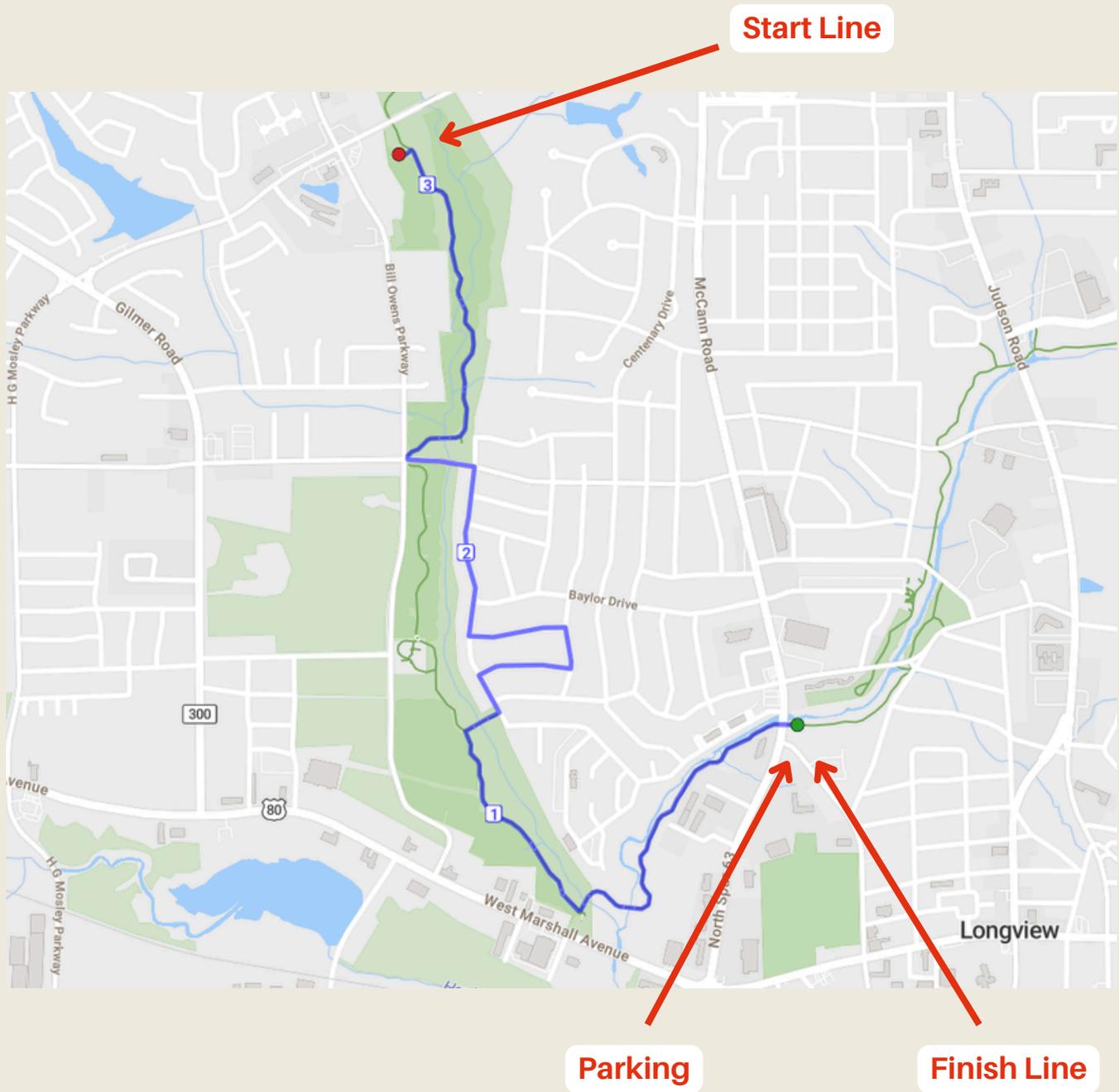
We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.

## RACE TIMING

We will utilize the UltraSignup timing software (manual time.) We will time you using your bib number so please make sure your bib number is visible on the front of your body.



# PARKING / COURSE MAP



The start line is on the Boorman trail \*no parking allowed at start line\*

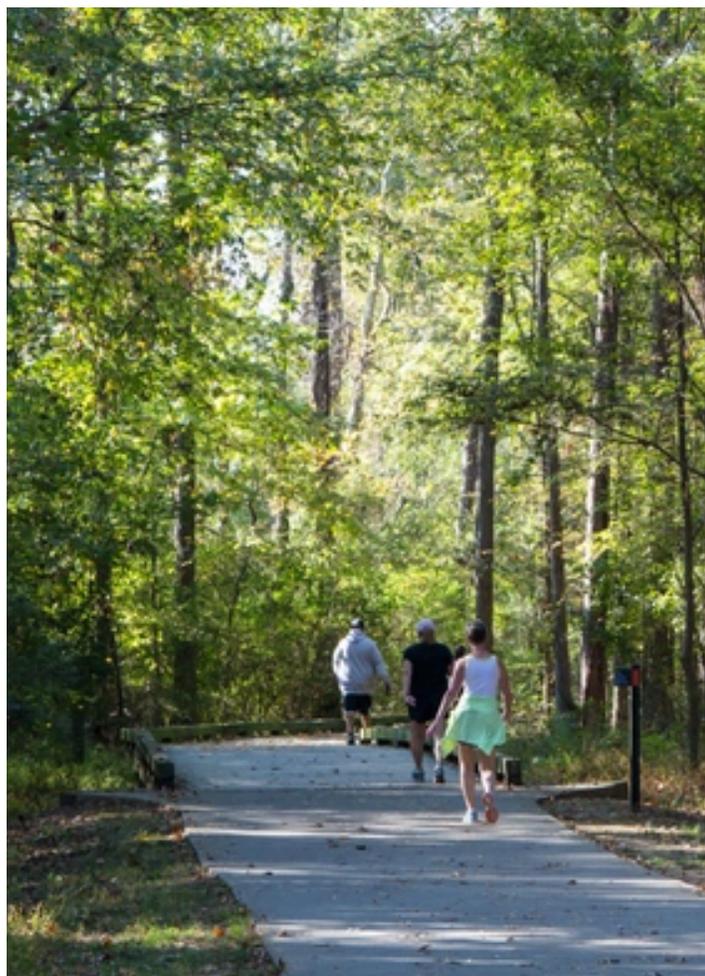




# COURSE DETAILS

## COURSE PROFILE

The Longview 5K takes place in the center of Longview, Texas. This race features a point-to-point paved 5K course featuring local neighborhood roads and the city's Boorman Trail.





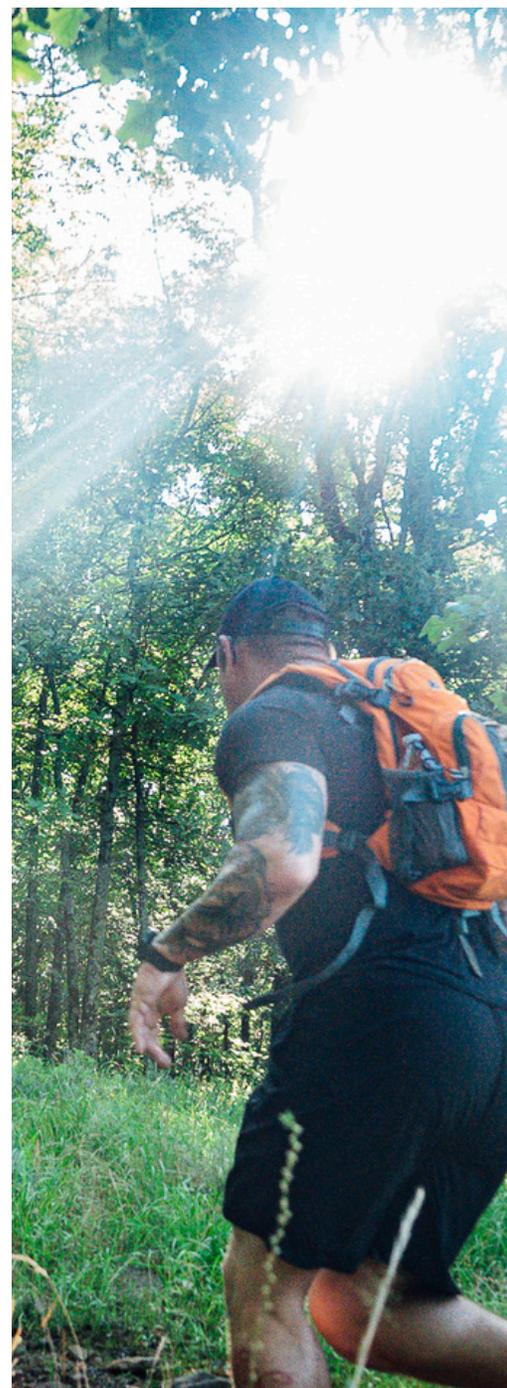
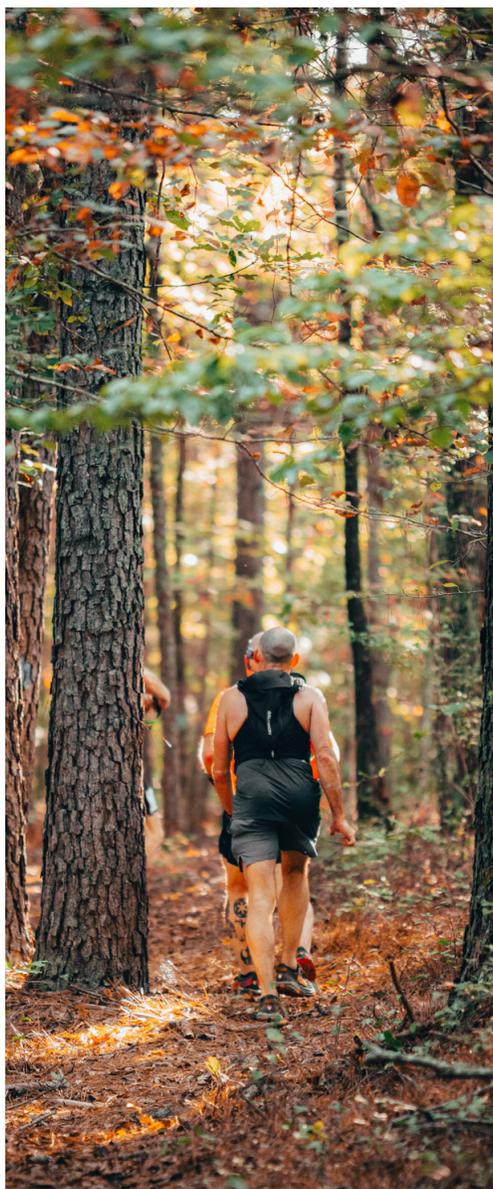
# IMPORTANT

## **DROPPING OUT OF THE RACE**

You must notify the race director at the start/finish line BEFORE leaving the race site if you decide to quit or drop out of the race.

## **BIBS**

Please make sure that the bib number is visual and on the front of your body. We will use your bib number to identify you and record your time.





# COURSE MARKINGS

event sign held under permit - please do not remove.  
For questions email [info@texasoutlawrunning.com](mailto:info@texasoutlawrunning.com)



event sign held under permit - please do not remove.  
For questions email [info@texasoutlawrunning.com](mailto:info@texasoutlawrunning.com)

The course will consist of white signage with orange arrows.

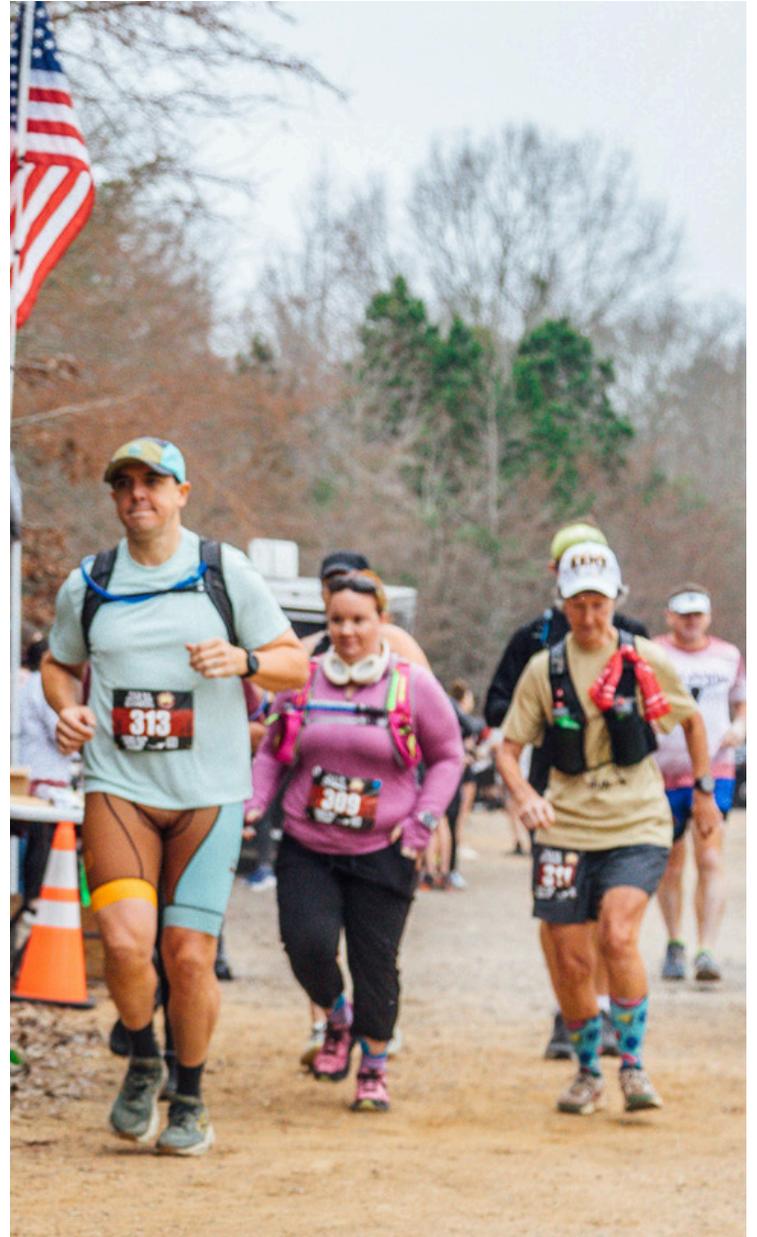


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# RACE RULES



## WEATHER FORECAST as of 02/20/26 for Saturday 6AM - 8AM - 10AM

Temp Forecast: 55° - 60° - 66°

Feels Like: 51° - 57° - 64°

Rain: 0%

Wind: 7mph S - 9mph S - 10mph S



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# SPONSORS

Thank You!

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# SOCIAL MEDIA



Saturday, February 28, 2026 at 8 AM

## Longview 5K

1016 McCann Rd, Longview, TX 75601-5147, United States

### INSTAGRAM

@TexasOutlawRunning

### FACEBOOK

@TexasOutlawRunning

### TWITTER

@RunningOutlaw

### YOUTUBE

Texas Outlaw Running Company

### PODCAST

Texas Outlaw Running Talk Show

[Click Here](#) to join the conversation in our Facebook Event.



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# AWARDS

## EVENT GEAR/AWARDS:

- Longview 5K Tee Shirt for ALL DISTANCES
- Longview 5K Finisher Medal for ALL DISTANCES
- Longview 5K RUCK Patch for Ruckers

## 5K Run/Walk Prizes & Awards

- 1st, 2nd, 3rd Place awards M & F (1st \$200, 2nd \$100, 3rd \$50)
- 1st Place age group awards (12 & Under, 13-19, 20-29, 30-39, 40-49, 50-59, and 60+) M&F
- Dead Last Award

## 5K Ruck Prizes & Awards

- 1st, 2nd, 3rd Place awards M & F (1st \$100, 2nd \$50, 3rd \$20)
- Dead Last Award

