



PARTICIPANT GUIDE
JULY 19, 2025
Grand Rapids, MI

BROUGHT TO YOU BY



TEXAS
OUTLAW
RUNNING



WELCOME

5k, 9k, 18k, 9k ruck

July 19, 2025

Robinette's Apple Haus & Winery

3142 4 Mile Rd NE, Grand Rapids, MI 49525

Saturday, July 19th

Please arrive 60-45 min. before your start time

- 6:30AM-7:30am - Bib PICKUP
- 7:30AM - All events START
- 10:30am - Cutoff

Welcome to the Grand Rapids Trail Run. This is an original event crafted by Texas Outlaw Running Company. This race takes place at Robinette's Apple Haus & Winery. The course follows a 5.5 mile trail around the park. We are so excited to race in the summer night this weekend!

We encourage you to take time to carefully read through this participant guide to help better prepare you for your race that's ahead.

If you have any questions after reading through please email us at: TexasOutlawRunning@gmail.com





GENERAL INFO

START & FINISH LOCATION

The start and finish line will be across the street from Robinette's Apple Haus & Winery. When driving southwest on 4 mile, you turn right.

MEDICAL

We will be using nearby public medical personnel. PLEASE CALL 911 in case of an emergency.



RACE TIMING

We will utilize the UltraSignup timing software (manual time.) We will time you using your bib number so please make sure your bib number is visible on the front of your body.

OUT HOUSES

We will have portable restrooms available outside the start/finish area. We encourage runners to use the restroom prior to arriving to the park.

AID STATIONS

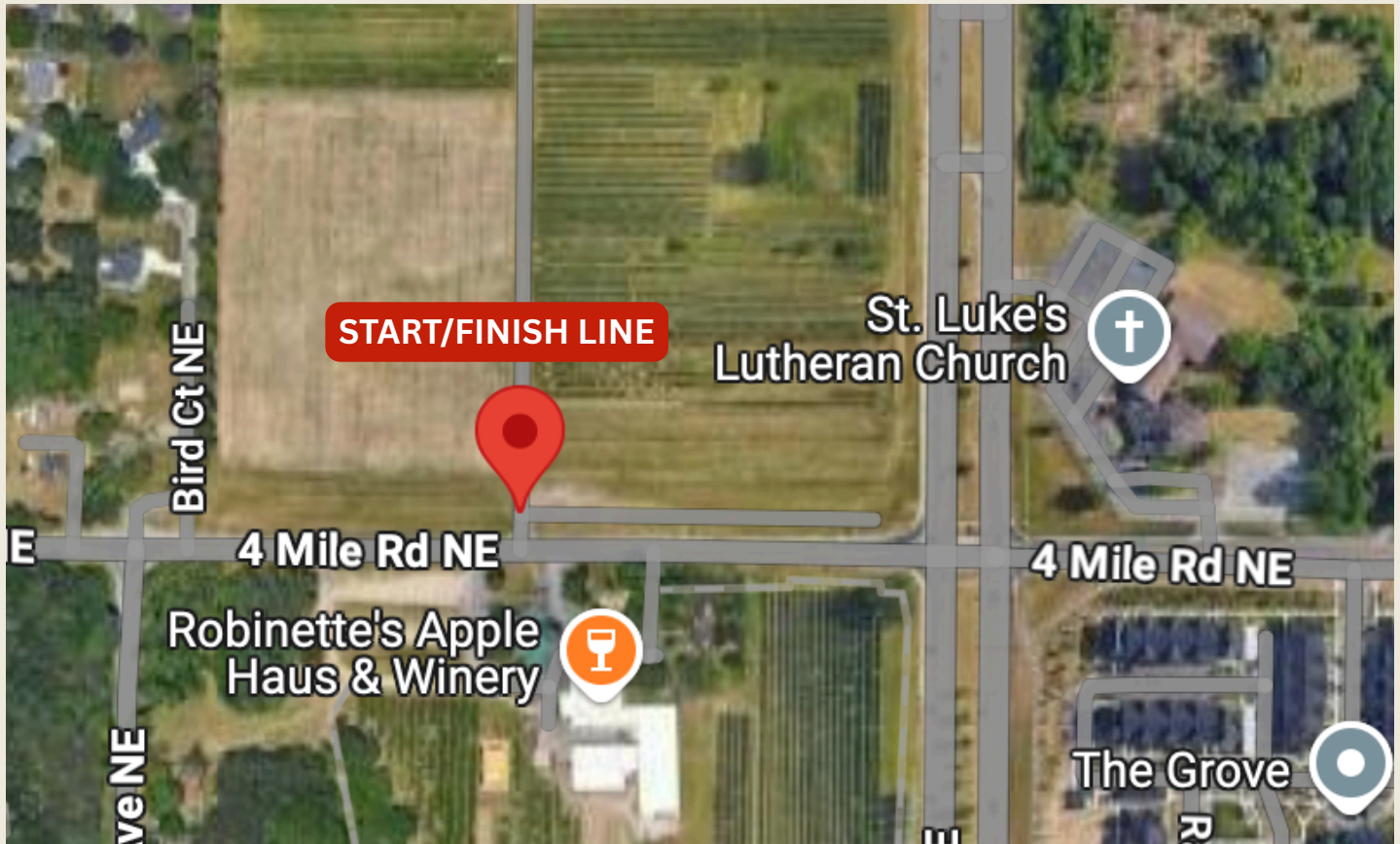
We will have one aid station. Aid stations include water, bananas, and electrolytes.

Main Aid Station (0/5.5 mile)

The main aid station will be available at the start/finish area near the Trailhead.



RACE LOCATION



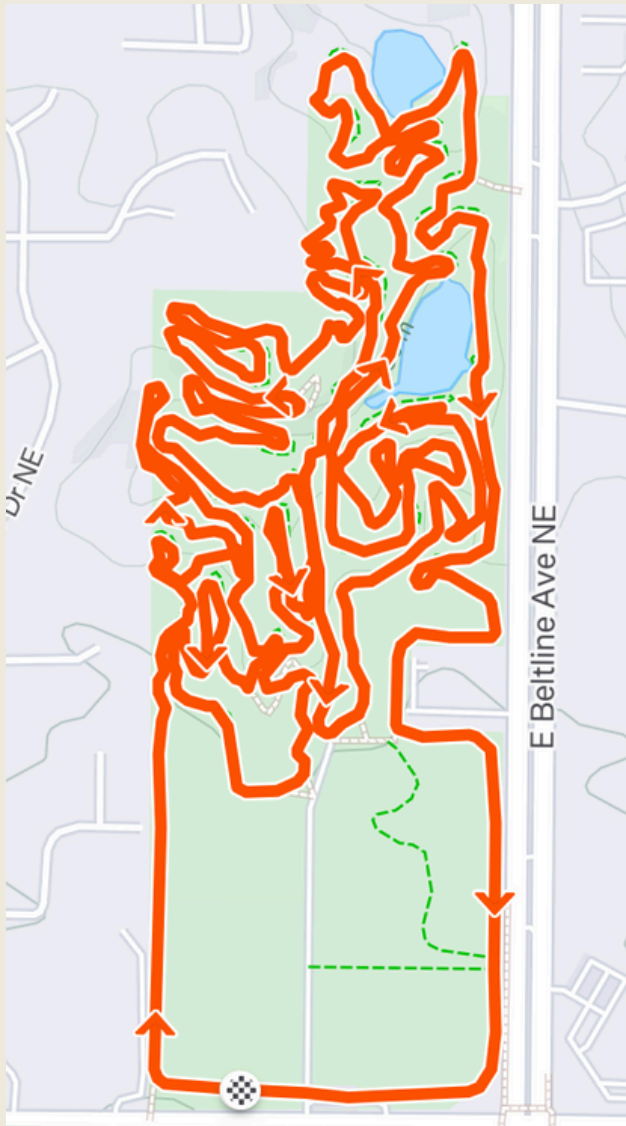
COURSE MAP

5K - 1 MODIFIED LOOP

9K - 1 LOOP

18K - 2 LOOPS

9K & 18K Loop



5K Loop



HYPERLYTE
LIQUID PERFORMANCE

**TEXAS
OUTLAW
RUNNING**





COURSE DETAILS

RACE OVERVIEW

The Grand Rapids Trail Run is a scenic 5K, 9K and 18K trail run/hike in addition to a 9K RUCK. Adventure through the beautiful Robinette's Apple Haus & Winery trails in Grand Rapids, Michigan. Experience the vibrant summer as you challenge yourself to this challenge!





IMPORTANT

BIBS

Please make sure that the bib number is visible and on the front of your body. We will use your bib number to identify you and record your time.

TRAIL RUNNING

The entire race will be on the hiking trail. Orange flags will be used to guide runners in direction.

CUPLESS RACE

To reduce waste out on the trails and in general we follow the cupless race protocol. This means that we will not serve any cups at aid stations for drinks. Please bring your own water carrying system.





RACE RULES

TRAIL RUNNING RULES

- ALL PARTICIPANTS WHO DROP EARLY/QUIT MUST LET RACE DIRECTOR KNOW AT START/FINISH LINE
- WATER CARRYING SYSTEM OR CUP REQUIRED FOR ALL EVENTS
- NO LITTERING
- NO CUTTING COURSE
- PLEASE BE RESPECTFUL AND THANK VOLUNTEERS

WEATHER FORECAST as of 07/18/25 for Saturday 6AM - 9AM - 12PM

Temp Forecast: 63° - 70° - 79°

Feels Like: 63° - 70° - 78°

Rain: 60%

Wind: 9mph SSE - 14mph S - 22mph SSW





COURSE MARKINGS



The trails will consist of orange signage, flagging (and yellow red reflective tape on the orange signs) as seen above. The orange signage and flags will also be seen throughout the course at intersections to show you where to go.

WHEN IN DOUBT REMEMBER "ORANGE"



AWARDS

1st, 2nd, 3rd Finisher Awards

Ruck Patches

Runner Finisher Medal

DFL Award



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PODCAST

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